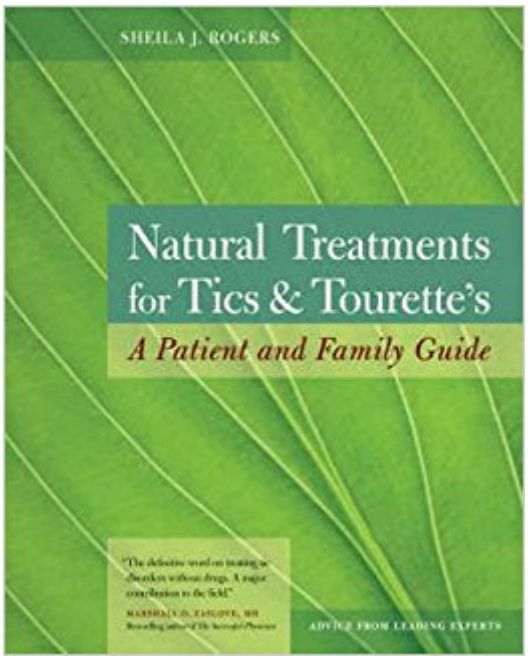
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Natural Treatments For Tics And Tourette's: A Patient And Family Guide



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Synopsis

This welcome guide explains how to treat tics and Tourette syndrome using natural and alternative therapies, with a focus on environmental medicine and nutritional and dietary therapy. The status of behavioral and counseling therapies, EEG biofeedback, homeopathy, bodywork, energy medicine, and Chinese medicine as approaches are explored. Author Sheila Rogers DeMare discusses a range of categories of tics including spasmodic facial movements, eye blinking, mild sounds and vocalizations. She persuasively counters the medical establishmentÃ¢â ¬â„¢s standard claim that such disorders are Ã¢â ¬Å“mysteriousÃ¢â ¬Â• and based only in genetics. The dramatic spike in cases, she argues, belies this explanation.Ã Â Natural Treatments for Tics and TouretteÃ¢â ¬â„¢sÃ Â takes a closer look at the environmental factors and underlying physical imbalances that trigger these conditionsÃ¢â ¬â„¢ symptoms. In this second edition toÃ Â Tics and Tourette's: Breakthrough Discoveries in Natural Treatments, DeMare offers a detailed natural treatment plan. No more will patients have to rely on traditional, drug-based treatments that often carry multiple side effects. In eight sections, the book offers advice from medical experts, the latest reports in medical research, a checklist of common tic triggers, inspirational stories from families who have successfully conquered tics and TouretteÃ¢â ¬â„¢s, and practical worksheets for readers to use in their treatment and research. Each of the 23 chapters includes a place for notes and Ã¢â ¬Å“Takeaway TipsÃ¢â ¬Â• summarizing key points.

Book Information

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Customer Reviews

Ã¢â ¬Å“With this book we are competently and comprehensively ushered into a new era of treatment for children. It is a triumph and an indispensable guide for any parent of a child with a neurological disorderÃ¢â ¬â •ADHD, obsessive-compulsive disorder, autism, and mood disordersÃ¢â ¬Â¦. Nowhere else can parents find such a well-organized and scientifically documented presentation of promising alternative medical treatments. Countless families will find this book a comfort, an intelligent, easy-to-read reference, and a lifeline for bringing their child back to health.Ã¢â ¬Â• Ã¢â ¬â •Tamar Chansky, PhD, author of Freeing Your Child from OCD; Freeing Your Child from Anxiety Ã Â Ã¢â ¬Å“Whether youÃ¢â ¬â„¢re concerned with minor tics or a more serious case of Tourette syndrome, youÃ¢â ¬â„¢ll find yourself turning to this book again and again for its enlightening exploration of treatment choices and practical steps toward healing.Ã¢â ¬Â• Ã¢â ¬â •Chris Phelps-Thiry, EdD, former state chapter chair of the Connecticut Tourette Syndrome Association Ã Â Ã¢â ¬Å“Natural Treatments for Tics & TouretteÃ¢â ¬â„¢s is an alternative treatment guide for sufferers of TouretteÃ¢â ¬â„¢s who donÃ¢â ¬â„¢t want to turn to traditional drugs and their high saturation of side effects. With insights from various medical experts, author Sheila Rogers offers many routes to minimizing the effects of TouretteÃ¢â ¬â„¢s.Ã¢â ¬Â• Ã¢â ¬â •Midwest Book Review

Sheila Rogers DeMare, MS, lectures on Tourette syndrome and is director of the Association for Comprehensive NeuroTherapy (ACN), a nonprofit organization dedicated to exploring advanced and alternative nontoxic treatments for a variety of related neurological conditions. The editor/director ofÃ Â Latitudes.orgÃ Â andÃ Â StopTicsToday.org, she lives in Grosse Ile, MI.

This is a great book that I highly recommend to parents who have children with tics. As someone who was dissatisfied with the doctors' advice that "tics are hereditary, there's nothing you can do, take these drugs, go away" this book really helped me explore alternative ways to help my 6-year-old. (He did try clonodine and had bad side effects, so we stopped it after 11 days.) This book led us to a gluten-free/dairy-free diet, some testing that turned up high levels of yeast and bad gut bacteria, and a doctor accredited through the American Academy of Environmental Medicine who was able to tailor a plan to help him that included supplements and naturalistic approaches. We are very pleased with his progress 8 months after the purchase of this book. This book helped to narrow my focus and provided a place where lots of strategies are condensed and presented together instead of the yawning, overwhelming chasm of the entire internet!

This book is a wonderful start for anyone who has a tic disorder or whose family member has a tic disorder. I think every person should listen to the advice in this book before turning to synthetics medications. It helped me identify my son's triggers and find ways of eliminating them. I would have liked some more detail in some areas, but I guess the book would have been twice its existing size. Still, it is a great buy which helped me understand this mysterious condition.

This book has really helped me change my paradigm with regard to helping my special needs son. I have gotten lots of new information and finally feel like I can help my son. I no longer feel helpless and out of control of things. Thank you for writing this book.

I found this book very informative. There are many things that I have suspected over the years regarding Tourette's and ADHD and relating behaviors that I was able to read more about. People are sometimes desperate and jump to powerful meds which can snowball the original issue. I recommend this read for curious or frustrated parents and care givers of the people who suffer from Tourette's.

A GREAT resource for anyone trying to find the root cause of their tics/tourettes. A must read if you don't want to just drug up your kid.

I am still in the middle of reading this and there are so many great ideas that I wouldn't have thought of. So glad I bought this book and will finish it to the end . Hard to know if anything will help my son's tic but we are going to try many of the ideas. Well worth the purchase!

Very informative and helpful for people with Tourette's and their families. Recommend this book to medical staff and the public. Good information about real food and the effect processed foods and technology can impact our lives.

Great book. I highly recommend it.

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An Ayurvedic Approach to Health and Happiness Tourette’s Syndrome "Master Secrets to Stopping Your Child’s Vicious Cycle of Facial, Body & Vocal Tics, Naturally Without Any Side Effects!" Natural Dandruff Treatments~Natural Non-Chemical Treatments for Dandruff Psoriasis and Seborrheic Dermatitis~ Dealing with the "Root" of the Problem~ Do You Really Want to Know? [Cystic Fibrosis: A Guide for Patient and Family [CYSTIC FIBROSIS: A GUIDE FOR PATIENT AND FAMILY BY Orenstein, David M. (Author) Aug-10-2011] By Orenstein, David M. (Author) [2011) [Paperback] Tourette Syndrome: 10 Secrets to a Happier Life: Tourette Treatment Tips Managing Tourette Syndrome A Behavioral Intervention for Children and Adults Therapist Guide [Treatments That Work] by Woods, Douglas W., Piacentini, John, Chang, Susanna, Deckers [Oxford University Press, USA,2008] [Paperback] Managing Tourette Syndrome: A Behavioral Intervention for Children and Adults Therapist Guide (Treatments That Work) Managing Tourette Syndrome: A Behavioral Intervention Workbook, Parent Workbook (Treatments That Work) 1st (first) Edition by Woods, Douglas W., Piacentini, John, Chang, Susanna, Deckers published by Oxford University Press, USA (2008) Managing Tourette Syndrome: A Behaviorial Intervention Adult Workbook (Treatments That Work) African holistic Health: Complete Herb Remedy Guide, Dis-ease Treatments, Nutrition, Diet, Wholistic Perspectives, africa Herb Histroy, Self Diagnosis, Charts, Wholistic Sex Laws, Herpes and AIDS Treatments, Cocaine Detox, and Foods That Kill Carpal Tunnel Symptoms and Treatments: All about Carpal Tunnel Syndrome Causes, Diagnosing, Symptoms, Signs, Non-Surgical and Surgical Treatments, Alt How to Get Rid of Cellulite: Cellulite Treatments, Exercises, Prevention & Natural Remedies - On Your Thighs, Stomach and Legs (Natural Remedies For Cellulite) Type 2 Diabetes Cure: Natural Treatments that will Prevent and Reverse Diabetes (Natural Health Books) Type 2 Diabetes Cure: Natural Treatments that will Prevent and Reverse Diabetes (Natural Health Books) (Volume 2) Hair Loss Explained - Natural Solutions for Hair Loss and Premature Balding: (Natural Hair Care, Hair Loss, Scalp Treatments, Balding, Cure, Going Bald, Remedies) Vocal Tics and Bodily Twitches

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